## **GREEN LAKE COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES**

#### HEALTH & HUMAN SERVICES

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#### **Post Date:**

### 5/15/24

# The following documents are included in the packet for Commission on Aging Advisory Committee Meeting held on Wednesday, May 22, 2024.

- May 22, 2024, Commission on Aging Advisory Committee Meeting agenda.
- March 20, 2024, Commission on Aging Advisory Committee Meeting draft minutes.
- 3-year Aging Goals 2022-2024.



## GREEN LAKE COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

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Health & Human Services Commission on Aging Advisory Committee Meeting Notice Date: May 22, 2024, Time: 10:30 AM Green Lake County Government Center Room County Board Room #0902 571 County Road A, Green Lake, WI 54941 <u>AGENDA</u> 1. Call to Order Committee 2. Certification of Open Meeting Law **Members** 3. Pledge of Allegiance 4. Election of Chair Harley Reabe 5. Introductions Gloria Lichtfuss 6. Minutes: (3/20/24) Vacant Correspondence
Health & Human Services Board Report Vacant Vacant 9. ADRC Dissolution 10. Three-year Aging Plan Update 11. Committee Discussion Virtual attendance at Future Meeting Date: July 17, 2024, at 10:30am • meetings is optional. If technical difficulties Future Agenda items for action & discussion arise, there may be 12. Adjourn instances when remote access may be compromised. If there is a quorum attending in person, the meeting will proceed as This meeting will be conducted through in person attendance or audio/visual scheduled. communication. Remote access can be obtained through the following link: This agenda gives notice of a Microsoft Teams Need help? meeting of the Commission on Aging Committee. It is Join the meeting now possible that individual members of other governing Meeting ID: 268 726 346 118 bodies of Green Lake County government may attend this Passcode: hpqNYW meeting for informative purposes. Members of the Green Lake County Board of Dial-in by phone Supervisors or its committees may be present for +1 920-659-4195,,273379722# United States, Green Bay informative purposes but will not take any formal action. A Find a local number majority or a negative Phone conference ID: 273 379 722# quorum of the members of the Green Lake County Board of Supervisors and/or any of its committees may be present at this meeting. See State ex rel. Badke v. Vill. Bd. of Vill. of Greendale, 173 Wis.2d 553, 578, 494 N.W. 2d 408 (1993).

> Kindly arrange to be present, if unable to do so, please notify our office. Sincerely, Ryan Bamberg, Aging/Long Term Care Unit Manager

Please note: Meeting area is accessible to the physically disabled. Anyone planning to attend who needs visual or audio assistance, should contact the County Clerk's Office, 294-4005, not later than 3 days before date of the meeting.

## Commission on Aging Advisory Committee Meeting

March 20, 2024

The regular meeting of the Health and Human Services Aging Advisory Committee meeting was called to order by Chair Reabe at 10:30 am on Wednesday, March 20, 2024, in the County Board Room, Green Lake County Government Center, Green Lake WI. The meeting was held in person and via Teams. The requirements of the open meeting law were certified as being met. The Pledge of Allegiance was recited.

Present: Harley Reabe, Gloria Lichtfuss, Richard Trochinski.

Absent: Darlene Krentz, Judy Street

Other County Employees: Ryan Bamberg, Aging/Long Term Care Unit Manager, Kayla Yonke, HHS Financial/Business Manager (via Teams), Sarah Petit, HHS Admin.

#### Introductions – N/A.

#### Minutes of 1/17/24

*Motion/second (Lichtfuss/Trochinski)* to approve the minutes of the January 17, 2024, meeting. Motion carried with no negative vote.

Correspondence- None.

#### Health and Human Services Board Report

No report.

#### **Three-year Aging Plan Update**

Ryan Bamberg reported on 3-year aging goals-

- 1. To Provide increased opportunities for older adults to participate in social activities within the County.
  - Met with Markesan Resident Home to discuss a partnership utilizing their Trishaw. Discussion followed.
  - Started planning 2024 Health and Wellness Fair. Full day event on 9/11/24 at Town Square. Discussion followed.
- 2. Ensure that Nutrition Program Participants have choice-based meal options. Stepping Up Nutrition Classes.
  - Fox River Industries is providing Meal Site Manager coverage for Markesan. Discussion followed.
  - Markesan continues to see increased participation for Congregate.
  - Meal Site Manager position in Princeton has been filled and will start on 3/25/24. Attendance for congregate in Princeton has been minimum. Discussion followed.

- Month of January Congregate numbers: Berlin 181 (\$3.81), Markesan 101 (\$3.29), Princeton 29 (\$2.24).
- Exploring option of using Markesan Resident Home to provide meals. Waiting on bid from Markesan Resident Home. Discussion followed.
- 3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls.
  - Amanda, Health Promotions Worker, continues to provide evidence-based classes to improve overall health for individuals.
- 4. Ensure that Community Engagement efforts are representative of Community Members.
  - Online Survey has been released since February.
  - Listening session took place on March 5<sup>th</sup> at Green Lake Library. 12 people attended.
  - 3-year aging plan will be developed this year for 2025-2027. Community will be asked to participate in development.
- 5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills. By May 2024 we have a group of three trained older adults attend Aging Advocacy Day in Madison.
  - No Update
- 6. Provide more opportunities for individuals in the Community to learn about Medicare.
  - EBS will provide training and education to the community.

#### **Committee Discussion**

N/A

Future meeting date: May 22, 2024, at 10:30am. Future Agenda Items: N/A

#### <u>Adjourn</u>

Chair Reabe adjourned the meeting at 11:07 am.

#### **Commission on Aging Committee Meeting May**

#### 3-year Aging Goals 2022 – 2024

- 1. To Provide increased opportunities for older adults to participate in social activities within the County.
  - Engaged in talks with Advocap to help build the Senior Friends Volunteer Program
- 2. Ensure that Nutrition Program Participants have choice-based meal options. Stepping Up Nutrition Classes.
  - New Meal Site Manager started at Princeton in April
  - Engaged in conversations with 2 new proposed caterers for meals.
  - Months of Feb thru April
    - Congregate #s Berlin 755 avg 251 (\$4.44), Markesan 362 avg 120 (\$2.95), Princeton 95 avg 31 (\$2.12).
    - Avg donation HDM \$4.95 Congregate \$3.75
  - Looking to add Birthday Meals monthly to Markesan site.
- 3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls.
  - No update
- 4. Ensure that Community Engagement efforts are representative of Community Members.
  - No update
- Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills. By May 2024 we have a group of three trained older adults attend Aging Advocacy Day in Madison.
  - No Update, this goal will be carried over into the new 3-year plan as not much effort has been put into it.
- 6. Provide more opportunities for individuals in the Community to learn about Medicare.
  - No Update

\*Add on – Green Lake Senior Transportation has taken over as a service provider for Southern Green Lake Transportation with the 85.21 grant. Green Lake Senior Transportation will look to cover service area of Princeton, Green Lake, and Markesan in 2025. Currently, service area consists of Markesan area.