

Commission on Aging Advisory Committee Meeting

March 20, 2024

The regular meeting of the Health and Human Services Aging Advisory Committee meeting was called to order by Chair Reabe at 10:30 am on Wednesday, March 20, 2024, in the County Board Room, Green Lake County Government Center, Green Lake WI. The meeting was held in person and via Teams. The requirements of the open meeting law were certified as being met. The Pledge of Allegiance was recited.

Present: Harley Reabe, Gloria Lichtfuss, Richard Trochinski.

Absent: Darlene Krentz, Judy Street

Other County Employees: Ryan Bamberg, Aging/Long Term Care Unit Manager, Kayla Yonke, HHS Financial/Business Manager (via Teams), Sarah Petit, HHS Admin.

Introductions – N/A.

Minutes of 1/17/24

Motion/second (Lichtfuss/Trochinski) to approve the minutes of the January 17, 2024, meeting. Motion carried with no negative vote.

Correspondence- None.

Health and Human Services Board Report

No report.

Three-year Aging Plan Update

Ryan Bamberg reported on 3-year aging goals-

1. To Provide increased opportunities for older adults to participate in social activities within the County.
 - Met with Markesan Resident Home to discuss a partnership utilizing their Trishaw. Discussion followed.
 - Started planning 2024 Health and Wellness Fair. Full day event on 9/11/24 at Town Square. Discussion followed.
2. Ensure that Nutrition Program Participants have choice-based meal options. Stepping Up Nutrition Classes.
 - Fox River Industries is providing Meal Site Manager coverage for Markesan. Discussion followed.
 - Markesan continues to see increased participation for Congregate.
 - Meal Site Manager position in Princeton has been filled and will start on 3/25/24. Attendance for congregate in Princeton has been minimum. Discussion followed.

- Month of January Congregate numbers: Berlin 181 (\$3.81), Markesan 101 (\$3.29), Princeton 29 (\$2.24).
 - Exploring option of using Markesan Resident Home to provide meals. Waiting on bid from Markesan Resident Home. Discussion followed.
3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls.
 - Amanda, Health Promotions Worker, continues to provide evidence-based classes to improve overall health for individuals.
 4. Ensure that Community Engagement efforts are representative of Community Members.
 - Online Survey has been released since February.
 - Listening session took place on March 5th at Green Lake Library. 12 people attended.
 - 3-year aging plan will be developed this year for 2025-2027. Community will be asked to participate in development.
 5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills. By May 2024 we have a group of three trained older adults attend Aging Advocacy Day in Madison.
 - No Update
 6. Provide more opportunities for individuals in the Community to learn about Medicare.
 - EBS will provide training and education to the community.

Committee Discussion

N/A

Future meeting date: May 22, 2024, at 10:30am.

Future Agenda Items: N/A

Adjourn

Chair Reabe adjourned the meeting at 11:07 am.