GREEN LAKE COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

HEALTH & HUMAN SERVICES

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FOX RIVER INDUSTRIES

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Post Date:

3/8/2024

The following documents are included in the packet for Commission on Aging Advisory Committee Meeting held on Wednesday, March 20, 2024.

- March 20, 2024, Commission on Aging Advisory Committee Meeting agenda.
- January 17, 2024, Commission on Aging Advisory Committee Meeting draft minutes.
- 3-year Aging Goals 2022-2024.



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| Usertie & Herring Commission on Asian Advisor Committee Mostine Notice | | |
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| | <i>Human Services Commission on Aging Advisory Committee Meeting Notice</i> Date: March 20, 2024, Time: 10:30 AM en Lake County Government Center Room County Board Room #0902 571 County Road A, Green Lake, WI 54941 | |
| | AGENDA | |
| Committee Members Harley Reabe Darlene Krentz Gloria Lichtfuss Vacant Judy Street | Call to Order Certification of Open Meeting Law Pledge of Allegiance Introductions Minutes: (1/17/24) Correspondence Health & Human Services Board Report Three-year Aging Plan Update Committee Discussion Future Meeting Date: May 22, 2024, at 10:30am Future Agenda items for action & discussion Adjourn | |
| Virtual attendance at meetings is optional. If technical difficulties arise, there may be instances when remote access may be compromised. If there is a quorum attending in person, the meeting will proceed as scheduled. | Kindly arrange to be present, if unable to do so, please notify our office. Sincerely, Ryan Bamberg, Aging/Long Term Care Unit Manager This meeting will be conducted through in person attendance or audio/visual communication. Remote access can be obtained through the following link: Microsoft Teams Need help? Join the meeting now Meeting ID: 251 299 096 81 Passcode: 3yQaQs Dial-in by phone +1 920-659-4195, 225194991# United States, Green Bay Find a local number Phone conference ID: 225 194 991# | |

Please note: Meeting area is accessible to the physically disabled. Anyone planning to attend who needs visual or audio assistance, should contact the County Clerk's Office, 294-4005, not later than 3 days before date of the meeting.

Commission on Aging Advisory Committee Meeting

January 17, 2024

The regular meeting of the Health and Human Services Aging Advisory Committee meeting was called to order by Chair Reabe at 10:30 am on Wednesday, January 17, 2024, in the County Board Room, Green Lake County Government Center, Green Lake WI. The meeting was held in person and via Teams. The requirements of the open meeting law were certified as being met. The Pledge of Allegiance was recited.

Present: Harley Reabe, Gloria Lichtfuss, Judy Street, Richard Trochinski (via Teams).

Absent: Darlene Krentz

Other County Employees: Ryan Bamberg, Aging/Long Term Care Unit Manager, Jason Jerome, HHS Director, Cate Wylie, County Administrator (via Teams at 10:37am), Kayla Yonke, HHS Financial/Business Manager (via Teams at 10:38am), Sarah Petit, HHS Admin.

Introductions – N/A.

Minutes of 9/13/23 & 11/14/23

Motion/second (Street/Lichtfuss) to approve the minutes of the September 13, 2023, and November 14, 2023, meetings. Motion carried with no negative vote.

Correspondence- None.

Health and Human Services Board Report

Jason Jerome reported 2024 budget was approved. Working on annual report for March HHS Board and April County Board meetings.

Three-year Aging Plan Update

Ryan Bamberg reported on 3-year aging goals-1. To Provide increased opportunities for older adults to participate in social activities within the County:

• Continue to explore partnership with Green Lake Shuttle and Green Lake Greenways. Exploring Trishaw cycling and grant opportunities. Discussion followed.

2. Ensure that Nutrition Program Participants have choice-based meal options.

• Meal data discussed. Princeton meal site manager vacant. Discussion followed.

3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls:

• Health Promotions Worker continues to provide classes.

4. Ensure that Community Engagement efforts are representative of Community Members:

• Working on 2025-2027 plan this year.

5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills.

• No update

6. Provide more opportunities for individuals in the Community to learn about Medicare.

• Outreach is taking place at community locations.

Committee Discussion

N/A

Future meeting date: March 20, 2024, at 10:30am. Future Agenda Items: N/A

<u>Adjourn</u>

Chair Reabe adjourned the meeting at 10:52am.

Commission on Aging Committee Meeting March

3-year Aging Goals 2022 – 2024

- 1. To Provide increased opportunities for older adults to participate in social activities within the County.
 - Met with Markesan Resident Home to discuss a partnership utilizing their Trishaw.
 - Started planning 2024 Health and Wellness Fair
- 2. Ensure that Nutrition Program Participants have choice-based meal options. Stepping Up Nutrition Classes.
 - Fox River Industries has started provided Meal Site Manager coverage for Markesan.
 - Markesan continues to see increased participation for Congregate.
 - Vacant Meal Site Manager position in Princeton. Attendance for congregate in Princeton has been minimum.
 - Month of January Congregate numbers: Berlin 181 (\$3.81), Markesan 101 (\$3.29), Princeton 29 (\$2.24).
- 3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls.
 - Amanda, Health Promotions Worker, continues to provide evidence-based classes to improve overall health for individuals.
- 4. Ensure that Community Engagement efforts are representative of Community Members.
 - Online Survey has been released since February.
 - Listening session took place on March 5th at Green Lake Library. 12 people attended.
 - 3-year aging plan will be developed this year for 2025-2027. Community will be asked to participate in development.
- 5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills. By May 2024 we have a group of three trained older adults attend Aging Advocacy Day in Madison.
 - No Update
- 6. Provide more opportunities for individuals in the Community to learn about Medicare.
 - EBS has begun heading out to libraries and senior centers. EBS will look to develop mini presentations to help educate Community on different topics including.