# GREEN LAKE COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

## HEALTH & HUMAN SERVICES

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# Post Date: 1/10/2024

The following documents are included in the packet for Commission on Aging Advisory Board held on Wednesday, January 17, 2024.

- January 17, 2024, Commission on Aging Advisory Board agenda
- September 13, 2023 and November 14, 2023, Commission on Aging Advisory Board Draft Minutes
- 3-year Aging Goals 2022-2024



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# Health & Human Services Commission on Aging Advisory Committee Meeting Notice

Date: January 17, 2024, Time: 10:30 AM Green Lake County Government Center Room County Board Room #0902 571 County Road A, Green Lake, WI 54941

#### **AGENDA**

# **Committee Members**

Harley Reabe Darlene Krentz Gloria Lichtfuss Vacant Judy Street

- 1. Call to Order
- 2. Certification of Open Meeting Law
- 3. Pledge of Allegiance
- 4. Introductions
- 5. Minutes: (9/13/2023 & 11/14/23)
- 6. Correspondence
- 7. Health & Human Services Board Report
- 8. Three-year Aging Plan Update
- 9. Committee Discussion
- Future Meeting Date: March 20, 2024, at 10:30am
- Future Agenda items for action & discussion
- 10. Adjourn

Kindly arrange to be present, if unable to do so, please notify our office. Sincerely, Ryan Bamberg, Aging/Long Term Care Unit Manager

This meeting will be conducted through in person attendance or audio/visual communication. Remote access can be obtained through the following link:

Virtual attendance at meetings is optional. If technical difficulties arise, there may be instances when remote access may

be compromised. If there is a quorum attending in person, the meeting will proceed as scheduled.

# Microsoft Teams meeting

Join on your computer, mobile app or room device

Click here to join the meeting

Meeting ID: 296 181 636 802

Passcode: BmcViF

<u>Download Teams</u> | <u>Join on the web</u>

Or call in (audio only)

+1 920-659-4195,,917958330# United States, Green Bay

Phone Conference ID: 917 958 330#

Find a local number Reset PIN

# Commission on Aging Advisory Committee Meeting

September 13, 2023

The regular meeting of the Health and Human Services Aging Advisory Committee meeting was called to order by Chair Reabe at 10:31 am on Wednesday, September 13, 2023, in the County Board Room, Green Lake County Government Center, Green Lake WI. The meeting was held in person and via Teams. The requirements of the open meeting law were certified as being met. The Pledge of Allegiance was recited.

Present: Harley Reabe, Judy Street, Richard Trochinski- (via Teams)

Absent: Gloria Lichtfuss, Darlene Krentz

Other County Employees: Ryan Bamberg, Aging/Long Term Care Unit Manager, Jason Jerome, HHS Director (via Teams), Kayla Yonke, Financial/Business Manager (via phone) Sarah Petit, HHS Admin.

**Introductions** — Chair Reabe introduced all present and online.

# Minutes of 7/19/2023

*Motion/second (Reabe/Street)* to approve the minutes of the July 19, 2023, meeting. Motion carried with no negative vote.

## Correspondence- None

# **Health and Human Services Board Report**

Jason Jerome reported on Children & Families Unit presentation on youth summer groups. Public hearing on the 2024 budget was held at the HHS board meeting on 9/11/23.

# **Three-year Aging Plan Update**

Ryan Bamberg reported on 3-year aging goals-

- 1. To Provide increased opportunities for older adults to participate in social activities within the County: Senior Wellness Fair is 9/14/23, 100 participants have pre-registered. Discussion followed.
- 2. Ensure that Nutrition Program Participants have choice-based meal options. Optional frozen meal being offered at the Markesan meal site. There has been a slight increase in participants at the Markesan meal site. More events are being scheduled at the Markesan meal site and a new meal site manager will start soon.
- 3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls: No update.
- 4. Ensure that Community Engagement efforts are representative of Community Members: No update.
- 5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills: Advocacy presentation was scheduled for 8/8/23 and was canceled due to low participation. Presenter will provide a recording of the training to be shared with the community.

6. Provide more opportunities for individuals in the Community to learn about Medicare: Elder Benefits Specialist position is vacant. Currently in the hiring process for the position. Neighboring counties have been assisting individuals.

Caregiver support groups- in process of starting a caregiver support group.

Transportation- recruited one new volunteer driver for Princeton. Insurance is still an issue. Food Pantry- donations for the food pantry are lower than last year. Looking for new ideas to generate donations. "Share a Holiday Meal" will be starting soon, suggested donation is \$30.00. Discussion followed.

#### **Princeton Meal Site**

Ryan Bamberg reported that due to low/no participation at the Green Lake meal site it would be beneficial to move the meal site to the Princeton Senior Center. The Princeton Senior Center is active with 20-30 participants. There is a full kitchen. The health inspection was completed and passed. Liability insurance is in place. Many home-delivered meals are in the Princeton area so there would be less driving to deliver meals. Discussion followed.

**Motion/second (Reabe/Street)** to relocate the Green Lake meal site to the Princeton Senior Center. Motion carried with no negative vote.

#### **Committee Discussion**

Future meeting date: November 8, 2023, at 10:30am.

Future Agenda Items: N/A

### Adjourn

Chair Reabe adjourned the meeting at 10:57am.

# Commission on Aging Advisory Committee Meeting

November 14, 2023

The regular meeting of the Health and Human Services Aging Advisory Committee meeting was called to order by Chair Reabe at 10:31 am on Tuesday, November 14, 2023, in the County Board Room, Green Lake County Government Center, Green Lake WI. The meeting was held in person and via Teams. The requirements of the open meeting law were certified as being met. The Pledge of Allegiance was recited.

Present: Harley Reabe

Absent: Gloria Lichtfuss, Darlene Krentz, Judy Street, Richard Trochinski

Other County Employees: Ryan Bamberg, Aging/Long Term Care Unit Manager, Jason Jerome, HHS Director, Cate Wylie, County Administrator, Ken Stephani, Finance Director, Sarah Petit, HHS Admin.

A quorum of the members for the Commission on Aging Advisory Committee was not present so no formal action was taken.

Introductions - Not needed.

#### Correspondence- None.

# **Health and Human Services Board Report**

Jason Jerome reported on Birth to 3 and CLTS presentation at the HHS board meeting on 11/13/23. 5-year Transportation Plan was approved. 2024 budget is in process and on agenda for County Board meeting today.

## **Three-year Aging Plan Update**

Ryan Bamberg reported on 3-year aging goals-

- 1. To Provide increased opportunities for older adults to participate in social activities within the County: Senior Fair had 200 people registered. Senior Ball has 50 people registered. Exploring partnership with Green Lake Shuttle to provide monthly recreational activities. Discussion followed.
- 2. Ensure that Nutrition Program Participants have choice-based meal options. Optional frozen meal being offered at the Markesan meal site. Increased congregate meals at the Markesan meal site. Discussion followed.
- 3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls: No update.
- 4. Ensure that Community Engagement efforts are representative of Community Members: Looking to add a community lead advocacy group focused on transportation. Added a community lead support group in September with 7 participants.

- 5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills: no update, still looking for volunteers. Discussion followed.
- 6. Provide more opportunities for individuals in the Community to learn about Medicare: Elder Benefit Specialist position has been filled.

## **5-year Transportation Plan**

Ryan Bamberg reported 5-year transportation plan will be submitted to the State of WI today. State will publish plan. Discussion followed.

### 85.21 Grant

Ryan Bamberg reported grant has been submitted with no changes in funding. Discussion followed.

# **Committee Discussion**

If a meeting needs to be rescheduled, consider asking committee members for preferred date.

Future meeting date: January 17, 2024, at 10:30am.

Future Agenda Items: N/A

# **Adjourn**

Chair Reabe adjourned the meeting at 10:56am.

#### **Commission on Aging Committee Meeting January 2024**

#### 3-year Aging Goals 2022 - 2024

- 1. To Provide increased opportunities for older adults to participate in social activities within the County.
  - Continue to explore partnership with Green Lake Shuttle to provide monthly activities.
    - Had a scheduled shopping outing planned. 0 people attended.
  - Exploring recreational / socialization partnerships with Green Lake Greenways
- 2. Ensure that Nutrition Program Participants have choice based meal options. Stepping Up Nutrition Classes.
  - Markesan Meal Site has frozen meals on site to give individuals a choice that come to site. Also, this allows walk-ins to occur.
  - Markesan continues to see increased participation for Congregate.
  - Vacant Meal Site Manager position in Princeton. Attendance for congregate in Princeton has been minimal.
    - o 2023 Meal Data

2597 Carry out meals - 2022 - 4,719
 20, 376 HDM - 2022 - 22, 313
 4700 congregate - 2022 - 2,793

- 3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls.
  - Amanda, Health Promotions Worker, continues to provide evidence-based classes to improve overall health for individuals
- 4. Ensure that Community Engagement efforts are representative of Community Members.
  - No update
  - 3-year aging plan will be developed this year for 2025-2027. Community will be asked to participate in development.
- 5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills. By May 2024 we have a group of three trained older adults attend Aging Advocacy Day in Madison.
  - No Update
- 6. Provide more opportunities for individuals in the Community to learn about Medicare.
  - EBS new hire has been working since Oct. She has started scheduling outreach dates in the Community to engage with the Community.