GREEN LAKE COUNTY DEPARTMENT OF HEALTH & HUMAN SERVICES

HEALTH & HUMAN SERVICES

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Post Date: 9/6/2023

The following documents are included in the packet for Commission on Aging Advisory Board held on Wednesday, September 13, 2023.

- September 13, 2023, Commission on Aging Advisory Board agenda
- July 19, 2023, Commission on Aging Advisory Board Draft Minutes
- 3-year Aging Goals 2022-2024



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Health & Human Services Commission on Aging Advisory Committee Meeting Notice

Date: September 13, 2023, Time: 10:30 AM Green Lake County Government Center Room County Board Room #0902 571 County Road A, Green Lake, WI 54941

AGENDA

Committee Members

Harley Reabe Darlene Krentz Gloria Lichtfuss Vacant Judy Street

- 1. Call to Order
- 2. Certification of Open Meeting Law
- 3. Pledge of Allegiance
- 4. Introductions
- 5. Minutes: (7/19/2023)
- 6. Correspondence
- 7. Health & Human Services Board Report
- 8. Three-year Aging Plan Update
- 9. Princeton Meal Site
- 10. Committee Discussion
- Future Meeting Date: November 8, 2023, at 10:30 AM.
- Future Agenda items for action & discussion
- 11. Adjourn

Kindly arrange to be present, if unable to do so, please notify our office. Sincerely, Ryan Bamberg, Aging/Long Term Care Unit Manager

This meeting will be conducted through in person attendance or audio/visual communication. Remote access can be obtained through the following link:

Virtual attendance at meetings is optional.

If technical difficulties arise, there may be instances when remote access may be compromised. If there is a quorum attending in person, the meeting will proceed as scheduled.

Microsoft Teams meeting

Join on your computer, mobile app or room device

Click here to join the meeting Meeting ID: 242 046 097 170

Passcode: QLfjct

<u>Download Teams</u> | <u>Join on the web</u>

Or call in (audio only)

+1 920-659-4195,,689324603# United States, Green Bay

Phone Conference ID: 689 324 603#

Find a local number | Reset PIN

Please note: Meeting area is accessible to the physically disabled. Anyone planning to attend who needs visual or audio assistance, should contact the County Clerk's Office, 294-4005, not later than 3 days before date of the meeting.

Commission on Aging Advisory Committee Meeting

July 19, 2023

The regular meeting of the Health and Human Services Aging Advisory Committee meeting was called to order by Chair Reabe at 10:30am on Wednesday, July 19, 2023, in the County Board Room, Green Lake County Government Center, Green Lake WI. The meeting was held in person and via Teams. The requirements of the open meeting law were certified as being met. The Pledge of Allegiance was recited.

Present: Harley Reabe, Judy Street, Richard Trochinski- via Teams

Absent: Gloria Lichtfuss, Darlene Krentz

Other County Employees Present: Jeff Mann, Corp Counsel, Ryan Bamberg, Aging/Long Term Care Unit Manager, Jason Jerome, HHS Director, Kayla Yonke, Financial/Business Manager via teams, Sarah Petit, HHS Admin.

Introductions — Chair Reabe introduced all present.

Minutes of 5/17/2023

Motion/second (Trochinski/Street) to approve the minutes of the May 17, 2023, meeting. Motion carried with no negative vote.

Correspondence- None

Health and Human Services Board Report

Jason Jerome reported on ongoing recruitment for open positions within HHS, budget process will start soon and transportation grant.

Three-year Aging Plan Update

Ryan Bamberg reported on 3-year aging goals-

- 1. To Provide increased opportunities for older adults to participate in social activities within the County: No Update.
- 2. Ensure that Nutrition Program Participants have choice-based meal options. Stepping Up Nutrition Classes: July 18th official grand opening of Congregate Meals for Markesan Meal Site, opening went well. Meals served on Monday, Tuesday, Wednesday, and Friday from 11:30am-1:00pm. Public Health will provide information on upcoming diabetes prevention program on 7/28/23 at Markesan Meal Site.
 - Meal Data- Total 1460 Home Delivered Meals provided with an average of \$2.55 donation.
 - 211 (Berlin only) Carry-out meals provided with an average of \$2.94 donation
 - o 343 congregate meals provided with an average of \$1.48 donation.

- 3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls: Next Step On class scheduled in October in Markesan. Suggestion of looking into aquatic classes, discussion followed.
- 4. Ensure that Community Engagement efforts are representative of Community Members: Scheduled a Senior Fair for Sept 14th at the Town Square in Green Lake. Have over 20 vendors scheduled to be present. 4 half hour presentations by Master Gardeners, Monarchs Association, Arts N Crafts, and Health Promotions. 20 participants have registered to-date. Registration can be done online or by phone.
- 5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills: Advocacy Presentation scheduled for August 8th at Princeton Senior Center. Presenter will be Janet Zander Advocacy & Public Policy Coordinator with GWAAR. Marketing has begun. Topics- transportation needs and education about how to contact local representatives.
- 6. Provide more opportunities for individuals in the Community to learn about Medicare: Open enrollment coming in late summer.

Program Updates-

Updates covered in aging plan updates.

Committee Discussion

Future meeting date: September 13, 2023, at 10:30am.

Future Agenda Items: N/A

Adjourn

Chair Reabe adjourned the meeting at 10:48am.

Commission on Aging Committee Meeting Sept

3-year Aging Goals 2022 - 2024

- 1. To Provide increased opportunities for older adults to participate in social activities within the County.
 - Sept 14th Senior Fair
 - 70 plus people registered so far.
- 2. Ensure that Nutrition Program Participants have choice-based meal options. Stepping Up Nutrition Classes.
 - Markesan Meal Site has frozen meals on site to give individuals a choice that come to site. Also, this allows walk-ins to occur.
 - Markesan site has seen a slight uptick. We are continuing to schedule events and presentations to attract new Community Members to come eat.
 - Meal Data
 - Not available at this moment.
- 3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls.
 - No Update
- 4. Ensure that Community Engagement efforts are representative of Community Members.
 - No Update
- 5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills. By May 2024 we have a group of three trained older adults attend Aging Advocacy Day in Madison.
 - Advocacy Presentation was scheduled for August 8th at Princeton Senior Center. The presentation
 was canceled due to low participation. Presenter has agreed to record a training to be shared with
 the Community.
- 6. Provide more opportunities for individuals in the Community to learn about Medicare.
 - Elder Benefit Specialist has left the County. Currently are interviewing for replacement. Neighboring Counties have been helping.
 - Open Enrollment is coming Oct. 7th. Have arranged for another County to assist with providing drug plan packets for individuals that call in. For those that require in-person, another County will have appointments in Neshkoro for individuals to travel.

Add-On

Caregiver Support Groups -

Have 1 individual attending Virtual Support groups organized by individuals in Madison. This
individual has expressed interest in running a support group in Green Lake County and stated she is
aware of others that are interested.

Transportation -

- Was able to recruit 1 new Volunteer Driver for Princeton. Insurance is still an issue.

Food Pantry -

- Food Pantry is not receiving as many monetary donations as the past. Beginning to market "Share a Holiday Meal" Suggested donation \$30 to provide a meal during Holiday Season. Will have table at Health Wellness Fair for individuals to Donate to the Food Pantry.