Commission on Aging Advisory Committee Meeting

July 19, 2023

The regular meeting of the Health and Human Services Aging Advisory Committee meeting was called to order by Chair Reabe at 10:30am on Wednesday, July 19, 2023, in the County Board Room, Green Lake County Government Center, Green Lake WI. The meeting was held in person and via Teams. The requirements of the open meeting law were certified as being met. The Pledge of Allegiance was recited.

Present: Harley Reabe, Judy Street, Richard Trochinski- via Teams

Absent: Gloria Lichtfuss, Darlene Krentz

Other County Employees Present: Jeff Mann, Corp Counsel, Ryan Bamberg, Aging/Long Term Care Unit Manager, Jason Jerome, HHS Director, Kayla Yonke, Financial/Business Manager via teams, Sarah Petit, HHS Admin.

Introductions – Chair Reabe introduced all present.

Minutes of 5/17/2023

Motion/second (Trochinski/Street) to approve the minutes of the May 17, 2023, meeting. Motion carried with no negative vote.

Correspondence- None

Health and Human Services Board Report

Jason Jerome reported on ongoing recruitment for open positions within HHS, budget process will start soon and transportation grant.

Three-year Aging Plan Update

Ryan Bamberg reported on 3-year aging goals-1. To Provide increased opportunities for older adults to participate in social activities within the County: No Update.

2. Ensure that Nutrition Program Participants have choice-based meal options. Stepping Up Nutrition Classes: July 18th official grand opening of Congregate Meals for Markesan Meal Site, opening went well. Meals served on Monday, Tuesday, Wednesday, and Friday from 11:30am-1:00pm. Public Health will provide information on upcoming diabetes prevention program on 7/28/23 at Markesan Meal Site.

- Meal Data- Total 1460 Home Delivered Meals provided with an average of \$2.55 donation.
- 211 (Berlin only) Carry-out meals provided with an average of \$2.94 donation
- \circ $\,$ 343 congregate meals provided with an average of \$1.48 donation.

3. Enhance accessible, affordable, and safe exercise opportunities throughout Adams, Green Lake, and Waushara to improve quality of life and chronic disease outcomes and help reduce number of falls: Next Step On class scheduled in October in Markesan. Suggestion of looking into aquatic classes, discussion followed.

4. Ensure that Community Engagement efforts are representative of Community Members: Scheduled a Senior Fair for Sept 14th at the Town Square in Green Lake. Have over 20 vendors scheduled to be present. 4 half hour presentations by Master Gardeners, Monarchs Association, Arts N Crafts, and Health Promotions. 20 participants have registered to-date. Registration can be done online or by phone.

5. Provide older adults with annual trainings and/or workshops with opportunity for them to increase and use their advocacy skills: Advocacy Presentation scheduled for August 8th at Princeton Senior Center. Presenter will be Janet Zander Advocacy & Public Policy Coordinator with GWAAR. Marketing has begun. Topics- transportation needs and education about how to contact local representatives.

6. Provide more opportunities for individuals in the Community to learn about Medicare: Open enrollment coming in late summer.

Program Updates-

Updates covered in aging plan updates.

Committee Discussion

Future meeting date: September 13, 2023, at 10:30am. Future Agenda Items: N/A

<u>Adjourn</u>

Chair Reabe adjourned the meeting at 10:48am.